

# Getting ready for parenting time

*You want your kids to feel safe, secure, and cared for every time they visit. This checklist helps you cover the basics so they feel at home.*

## Prep the kids' spaces

### Kids' bedroom

- Comfortable bedding
- Hangers and closet space
- Extra clothes and seasonal items
- Extra sports uniforms or equipment

### Kids' bathroom

- Toothbrush and toothpaste
- Age-appropriate toiletries: shampoo, conditioner, body wash, deodorant
- Towels and hair dryer
- First aid items: bandaids, Neosporin, cold medicine, Benadryl



### Kitchen

- Age-appropriate dishes and cutlery
- Children's favorite snacks and drinks
- Formula or breast milk (if needed)
- Easy lunches or dinners for times when time gets away from you

## Make sure the kids are school-ready

### Equipment and materials

- Computer station and chargers
- Appropriate school supplies
- Dedicated homework space

### Other needs

- Library card
- Password and contact list
- Extracurricular equipment